



What's On April - July 2018

Children and Families: Prevention Scarborough South and Filey

	Time	Activity	More Information	Where
MONDAY	8.30am - 2pm Drop in	Community Café Starts 23rd April 2018 Term Time	Everybody Welcome! Come and try our delicious drinks and snacks in a friendly relaxed atmosphere. The café is run by students from Ebor Academy, this is a fantastic opportunity for them to develop their catering skills. You will also have the opportunity to find out what is happening in the local area.	The Place @ Filey
	8.30am - 4.30pm Drop in	Healthy Start Vitamins	Did you know you can exchange your voucher or buy your vitamins from any of our venues during session times? Just pop in and see one of our friendly team. Available from: ◆ Mondays - The Place @ Filey ◆ Monday to Friday - Eastfield Children's Centre	The Place @ Filey Eastfield Children's Centre
	Available to book between 9.30am - 3.30pm Please book	New Baby Sensory Room @ The Place in Filey	We are happy to announce that our baby sensory room is now open. Come and enjoy some one to one time with just you and your baby. Sensory play supports language development, cognitive growth, fine and gross motor skills, problem solving skills and social interaction. Research shows that sensory play builds nerve connections in the brain pathways which leads to the child's ability to complete more complex learning tasks. Please contact the Children's Centre on 01609 534053 to book your individual time slot. <i>£1 per hour per child.</i>	The Place @ Filey
	8.45am - 2.30pm By invitation from the Health Visitors Team	Developmental Reviews	Developmental reviews by Health Visiting Team. Appointments will be sent when due Between 9 - 12 months and 2 - 2 ½ years <i>Free of charge</i>	Eastfield Children's Centre
	9.30 - 11.30am Drop in	West Ayton Derwent Ducklings Term time	Parent run toddler group. Chance to meet other families whilst you play with your little one. <i>£1.25/1st child and 25p for additional children</i>	West Ayton Methodist Church
	10 - 11.30am By invitation	Small Talk Starts 23rd April 2018 8 week course Term time	Come along and improve your knowledge of speech and language development. Let us give you lots of ideas of activities to promote speech, language and communication through play. <i>Free of charge</i>	Eastfield Children's Centre
	12.30 - 3.30pm Please book	Bumps to Buggies Midwife Clinic	Community antenatal & postnatal clinics. Contact your Midwife or Children's Centre for an appointment. <i>Free of charge</i>	Eastfield Children's Centre
	1.30 - 2.45pm Drop in	Healthy Child Clinic 2nd & 4th Mon of the month	Come and discuss any of your child's health or developmental questions with the Health Visiting Team. <i>Free of charge</i>	Ayton Village Hall

	Time	Activity	More Information	Where
MONDAY	3 - 5pm By invitation only	Girls Group Starts 23rd April 2018 Term time - 6 week programme	A programme for young women covering topics such as: managing stress, keeping safe, anger and conflict, being assertive. <i>Free of charge</i>	Eastfield Children's Centre
	3 - 4pm Drop in	Health Drop - In	Offering condoms, emergency contraception, sexual health advice, pregnancy testing and signposting. Confidential service. Session run by the Healthy Child Team. <i>Free of charge</i>	Eastfield Hub – Ourspace
	4 - 5.30pm Drop in	Rounders Starts 23rd April 2018 Term time	Youth Theatre classes offering young people the opportunity to get involved in creative projects, develop new skills, make friends and have a lots of fun! Session run by Stephen Joseph Theatre Outreach Department. <i>Free of charge</i>	Eastfield Hub – Ourspace
TUESDAY	9.30 - 10.30am Drop in	Play @ The Place Starts 24th April 2018 Term Time	Come and enjoy a play session in a relaxed and stimulating environment. The perfect chance to interact with your child and other parents/carers in a warm and friendly setting. <i>£1 per family</i>	The Place @ Filey
	10 - 11.30am Drop in	Baby Play Starts 24th April 2018 Term time	Fun sessions for you and your baby which includes child development advice and information alongside singing, stories, treasure baskets, messy, sensory and physical play. For babies from birth to walking. <i>Free of charge</i>	Eastfield Children's Centre
	10.30 - 11.15am Drop in	Story Times & Crafts Term time	A fun welcoming session for under 5's with stories/crafts. Contact the library for more details on 01609 536606 . <i>Free of charge</i>	Eastfield Library
	1 - 2.30pm Drop In	Healthy Child Clinic Every Tuesday	Come and discuss any of your child's health or developmental questions with the Health Visiting Team. <i>Free of charge</i>	Eastfield Medical Centre
	1.15 - 2.15 pm Limited spaces so please book early!	Infant Massage Starts 24th April 2018 Term time	For families with babies from 6 weeks to crawling stage , spend time with your baby learning massage to aid relaxation and bonding. Please call to book on 01609 534053 . <i>£15 per 5 week course</i>	Eastfield Children's Centre
	1.30 - 3pm Drop in	Baby Braeburn Term time	A stay & play session for pre-school children and babies . <i>Free of charge</i>	Braeburn School
	3.15 - 5pm By invitation only	Create Confidence Starts 24th April 2018 Term time - 8 week course	A short programme to help children and young people to express how they are feeling. <i>Free of charge</i>	Eastfield Hub - Ourspace

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WEDNESDAY	9am - 12noon	Tweenies	Families with children from birth up to the age of 4 . Please contact 07961955956 .	Hutton Buscel Village Hall
	Drop in	Term time	<i>£1.50 first child, 50p additional child</i>	
	9.15 - 11am	St. John's Baby & Toddler Group	A fun welcoming play session for all under 5's . Please call 01723 512745 for more information.	St. John's Church Filey
	Drop in	Term time	<i>£2 per child & £1 extra for additional sibling</i>	
	9.30 - 11 am	Messy Play	Bring your child along for a fun filled morning of messy play. Please dress for mess and lots of fun ! (Bring a change of clothes for the little one as it does get messy)	Eastfield Children Centre
	Drop in	Term time	<i>£2 per family</i>	
	9.30 - 11.30am	Developmental Reviews	Developmental reviews by Health Visiting Team. Appointments will be sent when due Between 9 - 12 months and 2 - 2 ½ years Appointments will be sent when due <i>Free of charge</i>	The Place @ Filey
	By invitation from your Health Visitor	Every Wednesday		
	10am - 12noon	Chatty Play	A friendly group for mums, dads, grandparents or carers to bring along children under school age - have a drink and a chat whilst the children play.	St John the Baptist Church East Ayton
	Drop in	Term time	<i>Free of charge</i>	
	12.45 - 2.45pm	Family Links parenting programme	A parenting course aimed at helping you get the most out of family life. Find out positive, practical ways to guide your children and help them handle their feelings and behaviour. A great confidence booster for you and your child, mainly aimed at families with children aged around 4 to 11 .	The Hub - Ourspace
	Crèche available	Starts 25th April 2018		
	By invitation only	Term time –10 week course	<i>Free course with some childcare available.</i>	
	1.15 - 2pm	Family Fun Sessions	Come and join our friendly sessions for lots of indoor and outdoor activities. Refreshments provided. Please call 01723 363179 .	Wheatcroft Pre-School
Drop in	Term time	<i>£2.50 per family of 3, 50p for additional child/adult</i>		
1.30 - 3.00pm	Healthy Child Clinic	Discuss any of your child's health or developmental questions with the Health Visiting Team.	Filey Surgery	
Drop in	Every Wednesday	<i>Free of charge</i>		
2 - 2.30pm	Storytime	A warm welcome to under 5's at Filey Library. It's never too early to start sharing books with your child. Don't worry if your baby eats books - we don't charge!	Filey Library	
Drop in	Term time	<i>Free of charge</i>		
2 - 3pm	Story Time	For children under 5 years . Come and join us on the Magic Carpet for some fun with stories, songs, rhymes and crafts. Please call 01723 863052 for more details.	Derwent Valley Bridge Library	
Drop in	Term time	<i>Free of charge</i>		
7 - 9pm	Youth Club	A volunteer led open access youth club for 11 - 19 year olds in East & West Ayton and the surrounding villages.	East Ayton Village Hall Wilson's Lane	
Drop in	Term time	<i>50p per week</i>		
7 - 9pm	Youth Club	An open access youth club for 11 -19 years old run by North Yorkshire Youth.	The Place @ Filey	
Drop in	Term time	<i>50p per week</i>		

	Time	Activity	More Information	Where
WEDNESDAY	6 - 8pm Limited places so book early!	Emergency First Aid Weds 6th June 2018	This 2 hours session provides parents & carers with crucial information on choking, burns and much more. This course is essential to enable you to keep your little one safe! Free of charge	Eastfield Hub – Ourspace
	10.30 - 11.30am Drop in	Baby Play Starts 19th April 2018 Term time	Fun sessions for you and your baby which includes child development advice and information alongside singing, stories, treasure baskets, messy, sensory and physical play. For babies from birth to walking. Free of charge	The Place @ Filey
THURSDAY	10.30 - 11.30am Drop in	Healthy Child Clinic 1st Thursday of each month	Discuss any of your child's health or developmental questions with the Health Visiting Team. Free of charge	Hunmanby Community Centre
	1.15 - 3.00pm Drop in	Seamer Tots Term time	For all parents, grandparents and childminders of babies and children not yet at Primary School. Come along and join for chat, play and coffee! <i>£1.50 for the first child, 50p for any additional children.</i>	Seamer Memorial Hall Main Street, Seamer
	1.45 - 2.45pm Limited places so please book Early!	Infant Massage Starts 7th June 2018 Term time	For families with babies from 6 weeks to crawling stage , spend time with your baby learning massage to aid relaxation and bonding. Please call to book on 01609 534053. <i>£15 per 5 week course</i>	The Place @ Filey
	6 - 8pm By invitation only	Targeted Youth Club Starts 19th April 2018 Term time	For young people Years 6 to 8. An opportunity to meet friends and participate with fun activities and learn something new in an informal and safe environment. <i>50p per person</i>	Eastfield Hub – Ourspace
	6 - 8pm Please book	Ante-natal sessions	Expectant parents can come along to these sessions run by Family Outreach Support Workers, Midwives, Health Visitors and Infant Feeding Specialists who will help you to prepare for parenthood. Topics covered include labour and birth; caring for yourselves and your new baby; the importance of early play and communicates feeding options and support.	Briercliffe Children's Centre
FRIDAY	6 - 8pm Limited places so book early!	Emergency First Aid Thursday 7th June 2018	This 2 hours session provides parents & carers with crucial information on choking, burns and much more. This course is essential to enable you to keep your little one safe! Free of charge	The Place @ Filey
	9.30 -10.30am Drop in	Messy Play Starts 20th April 2018 Term time	Mums, dads, carers and grandparents - come along with your child and learn through messy, interactive play. <i>(Bring a change of clothes for the little one as it does get messy)</i> <i>£2 per family</i>	The Place @ Filey

Contact Us

Eastfield Children's Centre
Link Walk, Eastfield, Scarborough
YO11 3LR

Tel: **01609 534053**

Email: scarboroughsouthandfileycc@northyorks.gov.uk

How to find us?

Eastfield HUB – OURSPACE

Moor Lane, Eastfield, Scarborough YO11 3LW

Filey Youth Centre

22 Brooklands, Filey YO14 9BA

Scarborough Town North

Briercliffe Children's Centre

76 Briercliffe Scarborough YO12 6NS
01609 798700

Scarborough Town Centre

Friarage Children's Centre

Friargate Scarborough YO11 1HS
01609 798840

Ryedale Children's Centre

Grove Street Malton YO17 9BG
01609 533072

Whitby and The Moors Children's Centre

c/o Stakesby Community Primary School
Byland Road, Whitby YO21 1HY
01609 533819

The Scarborough Pledge – Transforming Coastal Futures

The Scarborough Pledge is a project aimed at improving the lives and life-chances of children and young people living on the coast.

One of our aims is that every child in Scarborough will know the five songs before they start school.

To hear and download the songs being performed by children from Overdale School, please log onto www.soundcloud.com and search 'Scarborough Pledge'.

Contact your Children's Centre if you would like a copy of the words.

SENDIASS (Special Educational Needs and Disabilities Information, Advice and Support Service)

The Special Educational Needs and Disability Information, Advice & Support Service offers impartial information, advice and support to families about any aspect of their child or young person's education, health or care needs.

SENDIASS is available to ALL families living in North Yorkshire and is part of the 'local offer' provided by North Yorkshire

Your local SENDIASS Coordinator is **Angela Cavill** on **01609 534611** or angela.cavill@northyorks.gov.uk

Healthy Start Vitamins

You can buy or use your vouchers to get Healthy Start (children's and women's) vitamins from your children's centre - Pop into reception to collect yours today!



**DO WE
HAVE
YOUR
EMAIL
DETAILS?**
If not please
let a member
of staff
know.

Visit our website

www.nyfamilies.info

or call our friendly team on
01609 533483

You could also email us at

fis.information@northyorks.gov.uk

or text **07624 802425**

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Contact us

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD

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